53 Heath Park Road
Romford
RM2 5UK

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Supported Living Supporting People with Learning Disability and Autism

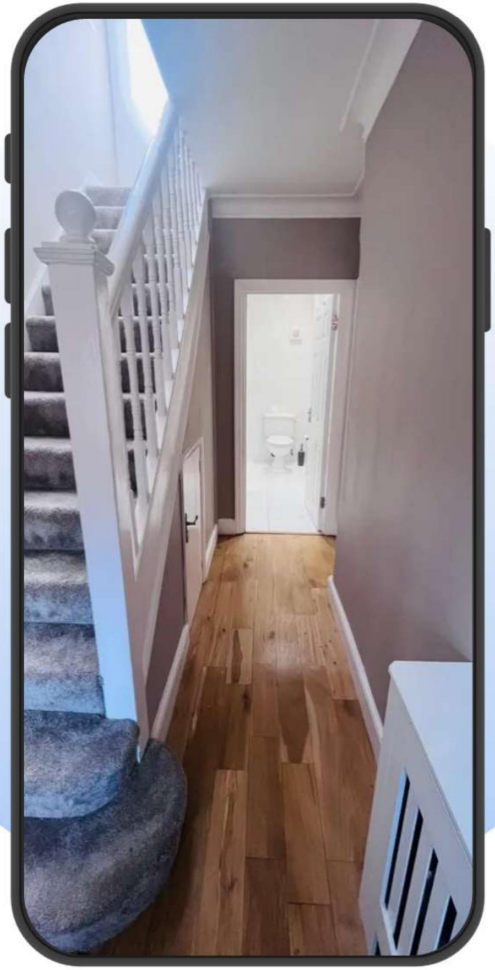
About the Property

53 Heath Park Road, Romford, RM2 5UL is a spacious five-bedroom supported living home designed for adults with Learning Disabilities, Autism, and associated complex needs. Located within a quiet residential area, the property provides a safe, comfortable, and homely environment that promotes independence, wellbeing, and community inclusion.

The property offers generously sized bedrooms, spacious communal living areas, a large kitchen and dining space, activity and sensory areas, and a substantial private garden with recreational facilities. Its layout provides an excellent balance between social interaction and personal privacy, supporting individuals to develop life skills, confidence, and independence.

Conveniently located close to local shops, public transport, community facilities, leisure amenities, and Romford town centre, the home enables residents to remain connected to their local community whilst receiving person-centred support.

Green Arrow Care is committed to delivering support in line with the principles of **Right Support, Right Care, Right Culture**, ensuring that every individual has the opportunity to live a fulfilling, meaningful, and independent life in a place they are proud to call home.



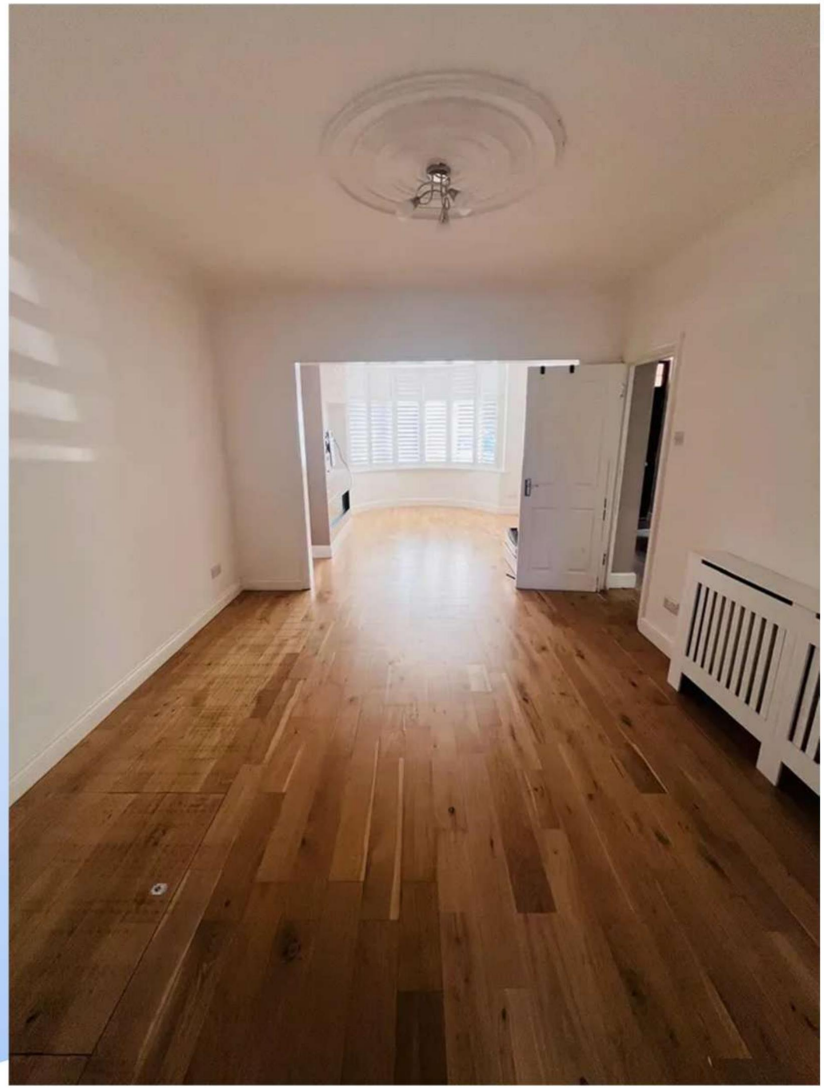
Hallway / Entrance

Spacious Open-Plan Living Area

This bright and spacious open-plan living area provides a welcoming and flexible communal space for people with Learning Disabilities and Autism. The room naturally creates separate zones for relaxation, socialising, activities, and dining, whilst maintaining an open and accessible layout that promotes independence and freedom of movement.

The generous size of the room helps reduce feelings of overcrowding and sensory overwhelm, whilst offering plenty of space for structured activities, life-skills development, wellbeing sessions, and social interaction. The abundance of natural light creates a calm and comfortable atmosphere, helping residents feel relaxed and at home.

This versatile space encourages meaningful engagement, choice, independence, and positive social experiences in a safe, comfortable, and homely environment.



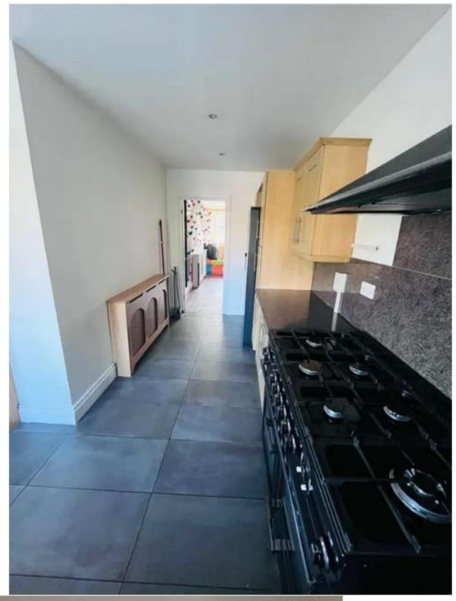
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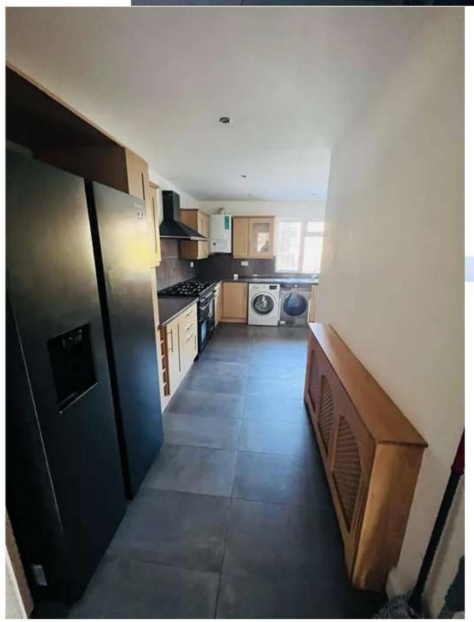
Modern Kitchen and Dining Area

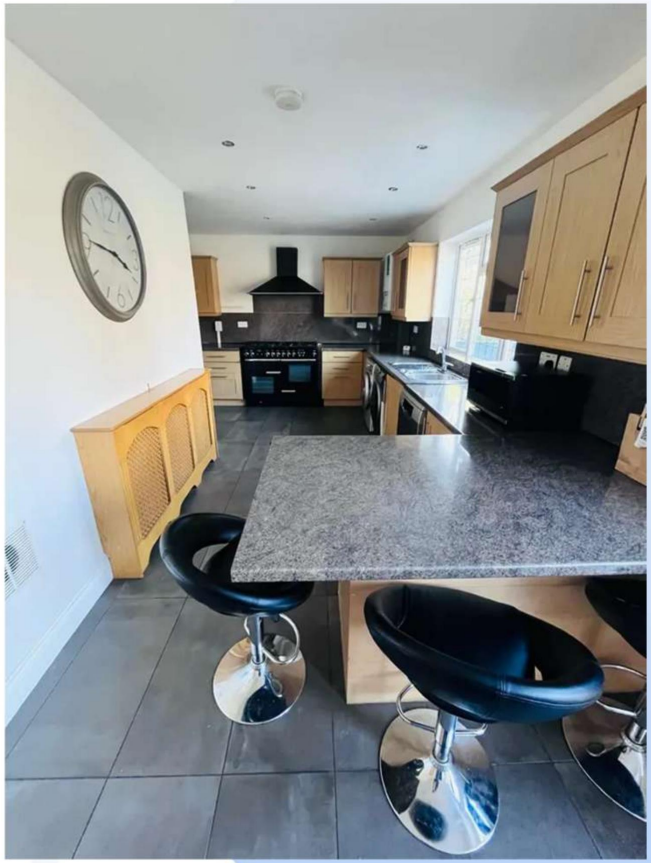
The spacious kitchen provides a welcoming and practical environment where residents can develop essential life skills, increase independence, and participate in everyday household activities. The well-designed layout offers ample workspace for meal preparation, cooking, baking, and learning important daily living skills with the support of staff where required.

A cosy dining area with seating for up to six people creates a social space where residents can enjoy meals together, build relationships, practise communication skills, and participate in household routines. The kitchen also promotes healthy eating, choice, and involvement in menu planning and food preparation.

The kitchen leads directly into the dedicated activity and sensory room, creating a natural flow between daily living activities, social interaction, and meaningful engagement. This arrangement supports a homely environment that encourages independence, inclusion, and positive outcomes in line with the principles of Right Support, Right Care, Right Culture.







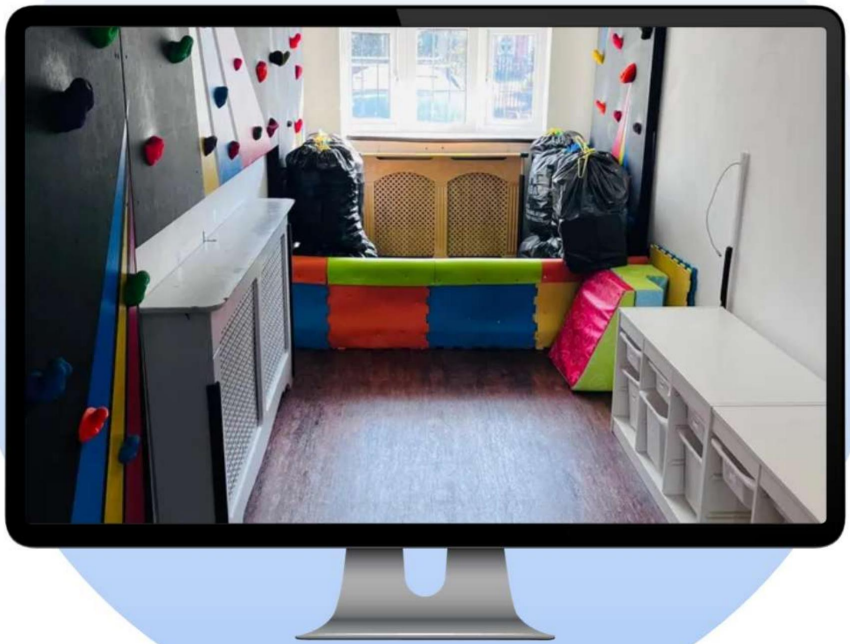
Dedicated Sensory and Activity Room

Accessible directly from the kitchen, the dedicated sensory and activity room provides a safe, engaging, and therapeutic space designed to support the individual needs of people with Learning Disabilities and Autism. The room offers opportunities for both structured activities and sensory regulation within a calm and comfortable environment.

The space can be used for sensory activities, arts and crafts, games, wellbeing sessions, life-skills development, and one-to-one support. Its separation from the main communal areas also provides a quieter environment for individuals who may benefit from reduced stimulation or require time to regulate their emotions.

The room encourages creativity, confidence-building, communication, and meaningful engagement whilst supporting emotional wellbeing and positive behavioural outcomes. It also provides an excellent space for personalised activities tailored to individual interests, goals, and support plans.

By offering a dedicated area for sensory exploration, learning, and relaxation, this room helps promote independence, inclusion, personal development, and overall quality of life in line with the principles of **Right Support, Right Care, Right Culture**.



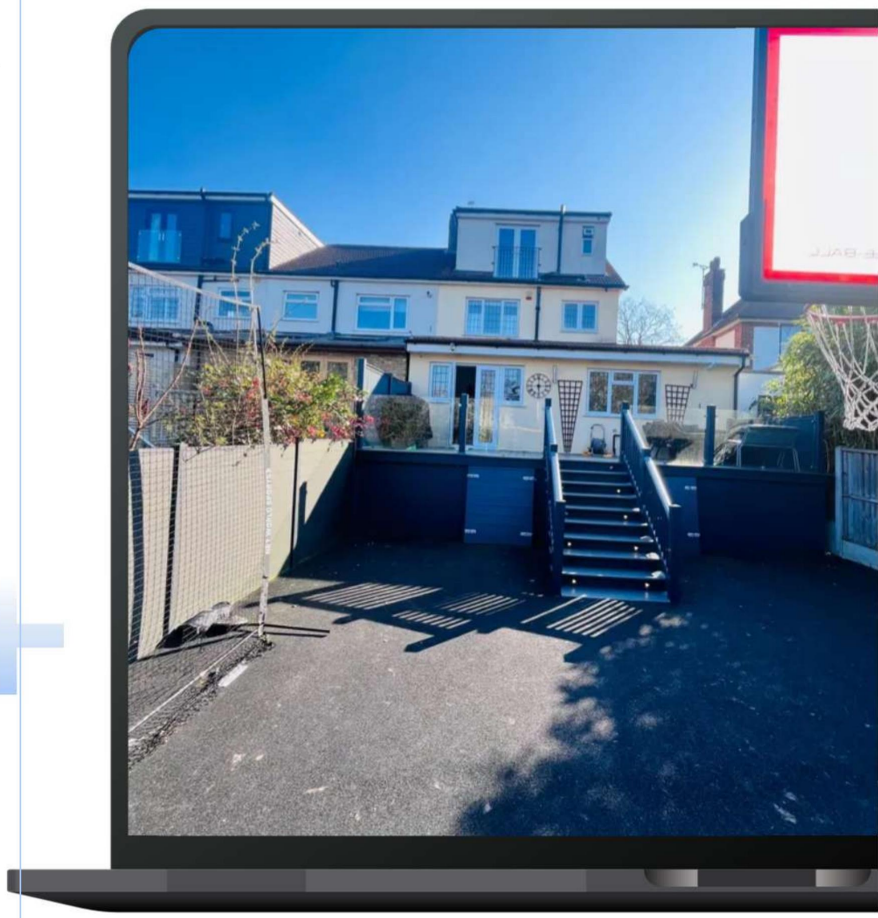
Outdoor Recreation and Social Garden Area

The first section of the garden provides a spacious and secure outdoor recreation area designed to encourage physical activity, social interaction, and emotional wellbeing. The area features a large decked terrace suitable for outdoor dining, garden furniture, BBQs, celebrations, and social gatherings, creating opportunities for residents to enjoy meaningful activities with peers, family members, and support staff.

The adjoining recreational area includes a basketball court with specialist soft-surface flooring, providing a safer and more comfortable environment for exercise and outdoor activities. Protective fencing on both sides helps keep balls within the garden, allowing residents to participate safely and confidently without disruption.

For people with Learning Disabilities and Autism, access to a dedicated outdoor space can support physical health, sensory regulation, emotional wellbeing, confidence-building, and social development. Residents can enjoy activities such as basketball, fitness sessions, outdoor games, gardening projects, relaxation, and structured group activities, all within the safety and privacy of their own home environment.

This versatile outdoor space promotes independence, healthy lifestyles, community living, and meaningful engagement whilst providing a fun and enjoyable environment where residents can develop skills, friendships, and positive experiences.



Large Garden and Outdoor Activity Space

The second section of the garden provides an extensive outdoor green space dedicated to recreation, exercise, gardening, and therapeutic activities. The area incorporates a small football pitch and offers ample room for outdoor games, fitness activities, sensory exploration, and social interaction within a safe and secure environment.

As part of the property's development, the central tree area will be removed to create a larger open recreational space, allowing residents greater opportunities to participate in football, group games, exercise programmes, outdoor learning, and structured activities. Dedicated areas will also be developed for gardening projects, enabling residents to grow vegetables, flowers, and plants whilst developing practical life skills and enjoying meaningful outdoor engagement.

For people with Learning Disabilities and Autism, access to large outdoor spaces can significantly support physical health, emotional wellbeing, sensory regulation, confidence-building, and social development. The garden provides opportunities for both active recreation and quieter therapeutic activities, allowing residents to choose how they engage with the environment based on their individual preferences and support needs.

This valuable outdoor space promotes healthy lifestyles, independence, meaningful occupation, and community living, whilst providing residents with the freedom to enjoy nature, outdoor activities, and personal development within the safety and comfort of their home.





Modern Bathrooms and Toilets

The property benefits from three bathroom facilities, providing comfort, privacy, and convenience for residents.

On the ground floor, there is a modern shower room and toilet, offering easy access for residents and visitors without the need to use stairs. The spacious walk-in shower can also be adapted to support individuals with mobility needs.

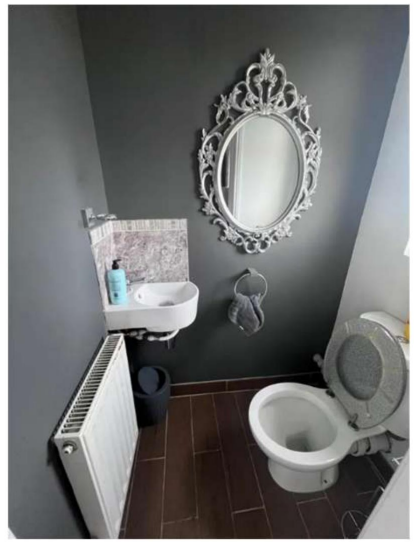
The first-floor communal bathroom features a bath with jacuzzi-style jets, providing a relaxing and therapeutic environment. This can be particularly beneficial for some individuals with Learning Disabilities and Autism who enjoy sensory experiences and find water-based relaxation helpful for reducing anxiety, promoting calmness, and supporting emotional wellbeing.

The property also benefits from a private ensuite toilet on the second floor, offering additional privacy and independence for the resident occupying that bedroom.

Together, these facilities support dignity, choice, comfort, independence, and person-centred living within a homely environment.







Comfortable and Personalised Bedrooms
The property offers **four well-proportioned bedrooms**, providing residents with comfortable private spaces that promote independence, dignity, and personal choice.

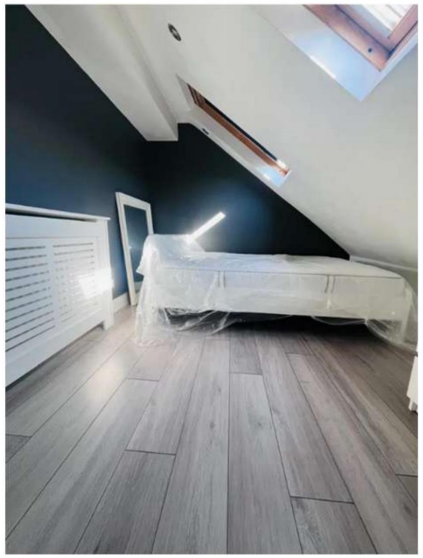
The **first floor** accommodates **two spacious double bedrooms** and **one single bedroom**, all benefiting from excellent natural light and ample space for residents to personalise their environment according to their preferences and interests. The generous room sizes allow sufficient space for relaxation, sensory regulation, personal belongings, and quiet time away from communal areas when desired.
The **second floor (loft conversion)** features a further **double bedroom with private ensuite toilet facilities**, offering enhanced privacy and independence for residents who may benefit from a more self-contained living arrangement.

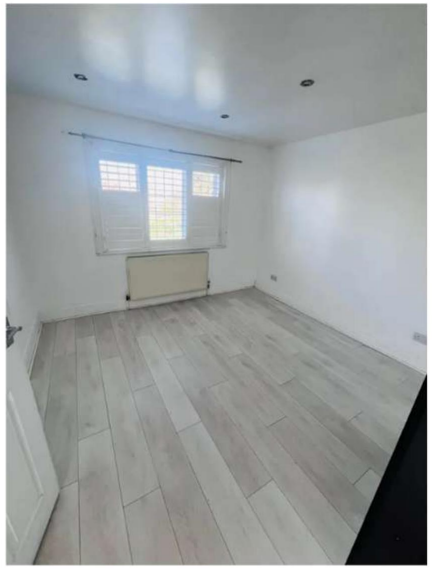
Adjacent to the second-floor bedroom is an additional loft room which can be utilised as a quiet breakaway room, study area, hobby room, sensory space, or activity room, providing further flexibility to meet individual needs and preferences.

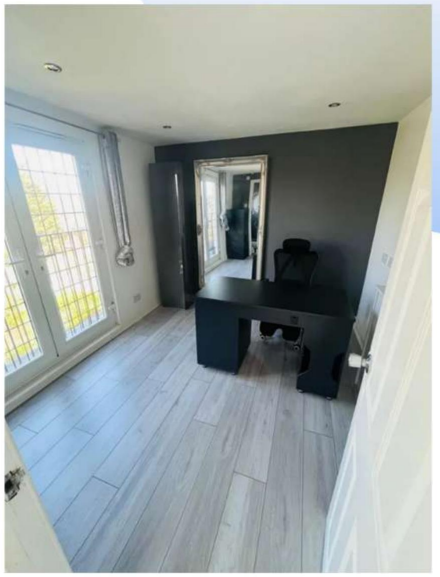
Whilst bedrooms will be furnished and adapted according to each person's assessed needs and personal tastes, the standard bedroom package will typically include a comfortable single bed, wardrobe, chest of drawers, bedside table, and appropriate storage solutions. Additional furnishings, specialist equipment, sensory items, or assistive technology can be incorporated where required to support individual wellbeing, independence, and positive outcomes.

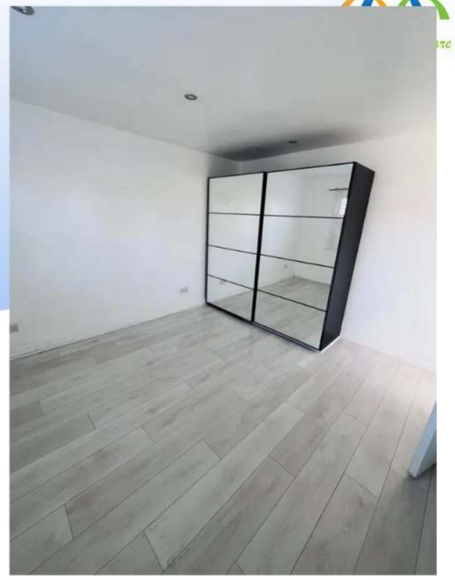
These spacious and comfortable bedrooms provide residents with a safe, private, and personalised environment where they can relax, recharge, and truly feel at home.

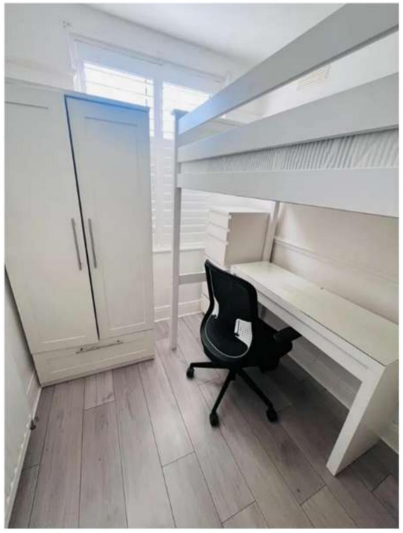
53 Heath Park Bedrooms:

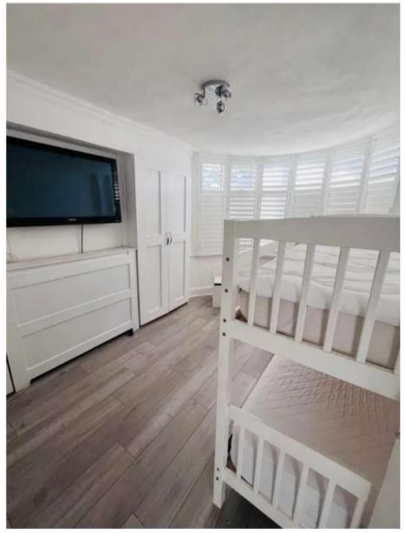














Why Choose 53 Heath Park Road?

53 Heath Park Road is more than just a supported living property – it is a place where people with Learning Disabilities and Autism can truly thrive, develop, and feel at home. Set within a desirable residential area of Romford, this impressive and substantial five-bedroom home offers an exceptional balance of comfort, independence, personal space, and meaningful opportunities.

The property has been built and extended to a high standard, creating a bright, airy, and spacious environment throughout. Large rooms, wide communal areas, generous ceiling heights, and an abundance of natural light help create a calm and welcoming atmosphere that can be particularly beneficial for people with Learning Disabilities and Autism. The thoughtful layout provides both social spaces for engagement and quieter areas for relaxation, sensory regulation, and personal reflection.

With spacious bedrooms, dedicated sensory and activity areas, extensive communal living space, modern bathrooms, a large kitchen and dining area, and an outstanding outdoor environment featuring recreational, sporting, gardening, and therapeutic opportunities, residents are supported to live fulfilling lives whilst developing confidence, life skills, social connections, and greater independence.

What truly sets this property apart is the quality and scale of the accommodation. From the spacious open-plan living areas and modern facilities to the extensive grounds and activity spaces, every aspect of the home provides opportunities for meaningful engagement, personal development, and improved wellbeing. The property offers a rare combination of space, comfort, privacy, and accessibility that is not often found within supported living accommodation.

The combination of indoor and outdoor environments creates endless opportunities for meaningful activities, sensory engagement, physical wellbeing, relaxation, and community participation. Whether enjoying the sensory room, developing cooking skills in the kitchen, socialising in the communal areas, participating in sports and gardening activities, or simply enjoying the tranquillity of the garden, residents have the opportunity to live active, purposeful, and rewarding lives.

At Green Arrow Care, we believe that every person deserves the right support in the right environment. 53 Heath Park Road has been carefully selected because of its outstanding potential to enhance quality of life, promote positive outcomes, and support individuals to achieve their personal goals, aspirations, and maximum independence.

Delivered in accordance with the principles of **Right Support, Right Care, Right Culture**, this home provides a safe, nurturing, empowering, and truly exceptional environment where people are supported not simply to live, but to flourish, grow, and enjoy the very best quality of life possible.